

## Itinerary for

## Strongsville Freshmen/JV Tournament

Where: Strongsville High School

Teams: Strongsville, Hudson, Westlake, Shaker Heights, Midview,

Wadsworth, North Royalton, Normady, Amherst, Olmsted Falls

When: Saturday December 5, 9:00AM to 6:00PM

Admission: Adults \$3.00 / Students \$2.00

**Departure**: Be here: 6:45AM

Leave school Saturday at 7:00AM

Weigh-ins 8:00AM-9:00AM Wrestling starts at 10:00 AM

We will return approx.\*7;00 PM

**Bring nutritional food prior to match-** Cereal/Juices/Fruit/Fruit bars bring a cooler

**Wrestling items to bring:** Singlet, warmups, headgear, shoes, extra socks and other necessary items.

Things to remember and Items to bring and: Check fingernails, be sure to shave, check skin, bring shampoo, soap, hat, cards etc.

**Arrival back at Wadsworth:** We will be arriving back at Wadsworth Saturday night approx.7:00PM

## Keep valuables at home!!!!

Directions are attached.

From the South/Southwest:

Take Interstate 71 North to Ohio 82 West (exit 231, Royalton Road)

Proceed along Ohio 82 West to U.S. 42 South/Pearl Road (at the clock tower)

Turn left on U.S. 42 South/Pearl Road

Follow U.S. 42 South/Pearl road to Lunn Road and turn right (Arby's is at the corner)Strongsville High School is approximately 1/2 mile on the left Go past the school and turn left at the Main Entrance