Wednesday, June 13- Friday June 15

Wadsworth	Wrestling	Camp A	pplication	Form
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Name

Grade

Address

City

State\_\_\_\_\_Zip\_\_\_\_

\_\_\_\_\_

Phone

School

All Wrestlers will receive a free tee-shirt.

Wrestling Camp Fee \$55.00 Make Checks payable to : Wadsworth Youth Wrestling Club Any NFS checks will have an additional 45.00 charge! Complete this application form and mail with check to : Wadsworth Wrestling Camp att. John Gramuglia 230 Maylawn Ave. Wadsworth, Ohio 44281

In consideration of your acceptance of this application, I hereby, for myself, my heirs and executors, waive and release any and all rights and claims for damages that I may have against Wadsworth High School or any of the coaches and /or clincians. I release any individuals right of causes of actions, present and future, demands, and right of causes of action present or future, whether or not known or anticipated resulting from or arisng out of, either directly or indirectly, my participation in the Wadsworth Wrestling Camp. I attest that I am physically fit and sufficiently conditioned for this camp. I have read and understand the foregoing assumption of risk and release this organization responsibility.

Signature

Parents' Signature

\*Not a Wadsworth City School Function\*

**Wadsworth Wrestling Camp** c/o John Gramuglia 625 Broad Street Wadsworth, Ohio 44281

# Wadsworth



## All-State All-American Wrestling Skills Camp

Featuring: Central Michigan U DIV.I All American 3x State Champ Mike Miller

## June 13-15

9:00AM-1:00PM \*Not a Wadsworth City School Function\* Sessions Held at Wadsworth's Wrestling Room, 625 Broad Street

Wednesday, June 13 - Friday, June 15

#### **Morning Session :**

8:30 A.M. Wrestling Room Opens
8:35 A.M. Video Tapes Begin
9:00 A.M. Technique Instruction\*
10:15A.M. Break #1
10:30 A.M. Technique Instruction
11:30 A.M. Break #2
11:45 AM Technique Instruction
12:30 PM Live Wrestling and games Mats/ Individual wrestling and

instruction

#### What to Bring:

Please bring necessary workout gear. Also, lockers and showers will be available, so bring a towel and lock. Bring Snacks and drinks during breaks \*It is strongly recommended to bring a notepad and pencil.

#### **Costs:**

The cost for each participant will be **\$55.00** or **\$25.00** per day. This fee includes quality instruction, open mats, live takedown sessions, a tee shirt, viewing instructional videos, and much more. Each *additional* family member will receive a **\$10.00** discount. Full payment due no later than the first day of the camp.

#### Mailing or More Info:

Send all applications to : Wadsworth Youth Wrestling Club

230 Maylawn Ave. Wadsworth, OH 44281 330-336-7091 (Home) or call 330-606-1064 (School) or e-mail g-man@wadsworth.k12.oh.us www.wadsworthwrestling.com

#### **Coaches:**

Coaches are welcome to attend the Wadsworth Camp at *no charge*. Let's make our area the Best in the State.

### **Purpose:**

The purpose of the camp is to develop skills in wrestling while promoting the importance of teamwork, self discipline, and sportsmanship. In addition, we want each wrestler to appreciate the necessity for fundamental correctness as well as the value of practice.

#### **Eligibility:**

Any wrestlers entering the 4th thru 12th grade who want to meet true champions in a relaxed atmosphere and find out what has made these wrestlers into champions.

## Areas of instruction:

Takedowns Set ups Finishes Counters Escapes Reversals Pinning Combinations Leg Wrestling Winning Philosophies Nutrition Weightlifting Freestyle Greco-Roman

#### **Additional feature:**

Also additional camp counselors consisiting of college and local wrestlers will help supervise and give proper individual attention. This includes the coaching staff of Wadsworth High School and Middle School programs.

All of these counselors and guest will be available after each session or during open mats.

## 2007 Camp Counselors

Mike Miller3XUniontown Lake H.SNOCentral Michigan University

Erik Burnett Elyria H.S

Brad Squire Wadsworth H.S

Derek Foore Wadsworth H.S Eastern Michigan U.

Danny Foore Wadsworth H.S

Dave Crowley Wadsworth H.S

Josh Kallai Wadsworth H.S

Bobby Jones Wadsworth H.S Penn State

**Chris Kallai Jr.** Wadsworth H.S Cleveland State U

Zak Kallai Wadsworth H.S Case Western University

Larry Kaufman Wadsworth H.S. Ashland University

Luke Busson Wadsworth H.S

Adam Melton Wadsworth H.S

Dru Jones Wadsworth H.S

Jeff Rager Wadsworth H.S **3X STATE CHAMP** NCAA DIV I All American

4x State Champ NCAA DIV I All American

State Champ 2007 Cadet All-American

State Runnerup 2007 State Runnerup 2006 State Runnerup 2005

4th in the State 2007

2006 State Champ National H.S. All American

3rd in the State 2005

2x STATE CHAMP 1996-97 2000 NCAA DIV I Qualifier

2001 STATE CHAMP 2x State Qualifier

4x NCAA DIV III All-American 5th in the State 2000 3x State Qualifier

3x NCAA All American 3rd State 1990

3rd in the State 2003 4th in the State 2004

State Runner-up 2003 State Runner-up 2004

2006 State Qualifier

2006 State Qualifier

\*Not a Wadsworth City School Function\*